

## Long MTB Triathlon

Position	Category	Sex	Name		Race nr	Finishing time
1	Individual	Male	Boonstra	Lieuwe	302	02:22:40
2	Individual	Male	Blake	Matthew	301	02:43:09
3	Individual	Male	Goldberg	Louis	312	02:46:34
4	Individual	Male	van Wijk	Adriaan	338	02:47:32
5	Individual	Male	Kenny	Andrew	315	02:48:57
6	Individual	Male	Loubser	Bun Booyens	404	02:55:21
7	Individual	Male	Dewar	Kevin	306	02:55:37
8	Individual	Male	Knorr	Jorg	317	02:57:42
9	Individual	Male	Stubbs	Richard	331	02:59:15
1	Individual	Female	Mackenzie	Kelly	322	03:02:19
10	Individual	Male	Hartman	werner	314	03:02:22
11	Individual	Male	Searle	John	328	03:03:39
12	Individual	Male	Steyn	Lombard	330	03:05:40
13	Individual	Male	Phyfer	Darwin Alan	324	03:05:54
2	Individual	Female	Ferreira	Louise	309	03:07:27
14	Individual				400	03:08:24
15	Individual	Male	Volschenk	Johan	341	03:10:20
16	Individual	Male	Larcombe	Jonathan	318	03:10:45
17	Individual				399	03:12:07
18	Individual	Male	van der Walt	Nico	336	03:14:19
3	Individual	Female	Du Plessis	Berliza	307	03:16:22
19	Individual	Male	yon	Marcel	345	03:20:00
20	Individual	Male	Browne	Rodger	304	03:21:08
21	Individual	Male	Tullis	Gary	333	03:21:23
22	Individual	Male	van der Merwe	Nick	335	03:21:23
23	Individual	Male	van Wyk	Dirk	339	03:21:44
24	Individual				368	03:21:58
25	Individual	Male	van zyl	deon	340	03:24:10
26	Individual	Male	Sander	Darrel	326	03:24:30
27	Individual	Male	Knoetze	Francois	316	03:30:11
4	Individual	Female	van Rensburg	Bernice	337	03:34:05
5	Individual	Female	Wencke	Janine	342	03:36:38
28	Individual	Male	Laubsher	Carl	319	03:37:38
29	Individual	Male	Wilson	Ross	343	03:37:39
6	Individual	Female	Roos	Franci	325	03:37:45
30	Individual	Male	Wolmarans	Johannes	344	03:39:46
31	Individual				398	03:46:47
7	Individual	Female	le Roux	Dominique	320	03:48:47
32	Individual	Male	Brent	Gavin	303	03:51:06
8	Individual	Female	Ferreira	Adel	308	03:51:08
33	Individual				397	04:12:42
34	Individual	Male	Gilchrist	John	311	03:50:00
9	Individual	Female	Strange	Bonnie	354	03:56:00
<b>Teams</b>						
6	Team	Female	Alison	Hartley	347	03:27:25
		Male	David	Hartley		
		Female	Michelle	Taylor		
1	Team	Female	Tania	Ungerer	348	02:43:05
		Male	Anton	Kruger		
		Male	Tony	Stones		
7	Team	Male	David	Howard	349	03:31:15
		Male	Faan	du toit		
		Male	Russel	Worthington		
5	Team	Male	Francios	van Brakel	351	03:23:23
		Male	Nico	Bester		
		Male	Henry	Odendaal		
2	Team	Male	Christo	Spies	352	03:09:25
		Male	Hennus	Trotzky		
		Male	Pieter	Carstens		

<b>4</b>	Team	Male	Hein	Hoepfner	354	03:17:39
		Male	Attie	Louw		
		Male	Juan	Van Zyl		
<b>3</b>	Team	Female	Newson	Rebecca	401	03:11:12
		Female	Melissa	Charles		
<b>8</b>	Team	Male	Francios	Swart	350	03:43:22
		Male	Gert	Gagiano		
		Male	Diederick	Coetzee		

